

Hong Kong Squash Regional / District Squad Training / Joint School Training Centre

Timetable for Athletes' Selection

(Year 2025 / 2026)

Phase	Phase 1 (Apr-Jun)		Phase 2 (Jul-Sep)		Phase 3 (Oct-Dec)		Phase 4 (Jan-Mar)	
Program	YASTS / JST	RST	YASTS / JST	RST	YASTS / JST	RST	YASTS / JST	RST
Apply for trial selection	24 Jan – 7 Feb	1 - 14 Feb	24 Apr – 7 May	1 - 14 May	24 Jul – 7 Aug	1 - 14 Aug	24 Oct – 7 Nov	1 - 14 Nov
Entry Deadline	14 Feb	---	14 May	---	14 Aug	---	14 Nov	---
Trial Period	21-28 Feb	21-28 Feb	21-28 May	21-28 May	21-28 Aug	21-28 Aug	21-28 Nov	21-28 Nov
Upload player list	8 March	---	8 Jun	---	8 Sep	---	8 Dec	---
Sent invitation	---	10 March	---	10 Jun	---	10 Sep	---	10 Dec
Return invitation	---	24 March	---	24 Jun	---	24 Sep	---	24 Dec

**CIC – Coach-in-charge

Remarks:

- All coaches should strictly follow the above set date(s) and the “Selection Criteria & Selection Procedure for Athletes” throughout the entire selection process.*
- For enquiries, please contact Mr. Jovi Au, Coaching & Development Manager on 23377263 or jovi@hksquash.org.hk*